

July

2024

MASTER CYCLE®

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3	4	5	6
	Review Sweeps and Sport Guards	Review Sweeps and Sport Guards	Review Submissions Bring Gloves	Closed Happy 4th!		Review Submissions Bring GI
7	8	9	10	11	12	13
	Review Guard passes	Review Guard Passes	Review submission Counters	Review Submission Counters		Review Controls
14	15	16	17	18	19	20
	BBS 1 Lesson 32	BBS 1 Lesson 32	Closed	Closed		Closed
21	22	23	24	25	26	27
	BBS 1 Lesson 30	BBS 1 Lesson 30	BBS 1 Lesson 31	BBS 1 Lesson 31		BBS 1 Lesson 33 Bring GI
28	29	30	31	1	2	3
	BBS 1 Lesson 34	BBS 1 Lesson 34	BBS 1 Lesson 35	BBS 1 Lesson 35		BBS 2 Lesson 31
4	5	6	7	8	9	10